

PILIEF TABLETS

A dual regimen to treat and prevent piles

COMPOSITION

Each coated tablet contains:

Latin Name	Conc.	Common Name	Action
Extract of the following:			
Powder: <i>Cyamopsis psoraloides</i> Resin	25 mg	Guar gum	Laxative
<i>Melia azadirachta</i> Lf.	200 mg	Neem	Anti inflammatory and Analgesic
	200 mg	Khadir	Haemostatic
<i>Aloe barbadensis</i> Lf.	175 mg	Kumari	Anesthetic & Laxative
<i>Terminalia chebula</i> Fr.	150 mg	Haritaki	Laxative
<i>Plumbago zeylanica</i> Rt.	100 mg	Chitrak	Digestive

PILIEF OINTMENT

COMPOSITION

Each 5 gms of ointment contains:

Latin Name	Conc.	Common Name	Action
Powder:			
<i>Curcuma longa</i> Rz.	75 mg	Haridra	Anti microbial
Extract of the following:			
<i>Melia azadirachta</i> Lf.	200 mg	Neem	Anti inflammatory and Analgesic
<i>Acacia catechu</i> Bk.	200 mg	Khadir	Haemostatic
<i>Aloe barbadensis</i> Lf.	175 mg	Kumari	Anesthetic & Laxative
<i>Glycyrrhiza glabra</i> Rt.	150 mg	Yashtimadhu	Anti H pylori,
Washable Ointment Base .	q.s.		

THERAPEUTIC RATIONALE

PILIEF is a twin treatment for medical management of haemorrhoids.

Acacia catechu arrests bleeding while *Glycyrrhiza glabra* soothes perianal pain. *Cyamopsis tetragonolobus* relieves itching. *Cyamopsis tetragonolobus* is also a cleansing source of fiber which helps regularize bowel movements and relieves perianal itching.

Curcuma longa and *Melia azadirachta* in PILIEF ointment exhibits potent anti-septic and anti-inflammatory properties. *Melia azadirachta* promotes faster regression of piles.

Terminalia chebula is a prokinetic herb and *Plumbago zeylanica* has anti-bacterial and anti-inflammatory action

PILIEF tablet reduces the pile mass and checks bleeding. It has a mild laxative action.

INDICATIONS

- Internal and external haemorrhoids
- Prevention of recurrence of piles post-haemorrhoidectomy

DOSAGE

2 tablets twice a day for a minimum of 10 days followed by 1 tablet twice a day for a minimum of 6 weeks.

Ointment should be applied before and after each defecation or more often if required. Apply once at bedtime for painless evacuation and to check bleeding.

PRESENTATION

Tablets: Plastic container of 40 tablets

Ointment: Tube of 20 gm

Important Ingredients	Action
Guar Gum	Source of fibre that helps regulate bowel movements and reduces pain
Neem	Potent anti-septic and anti-inflammatory
Haritaki	Prokinetic drug
Chitrak	Regresses piles mass, anti-inflammatory