

OSTOLIEF TABLETS

Ensures Faster, Effective & Sustained Relief in Osteoarthritis

COMPOSITION

Each caplet contains

Name of Ingredients	Latin/ English Name	Qty
Individual dry extract:		
Haridra	<i>Curcuma longa</i> Rz	50 mg
Shallaki guggul	<i>Boswellia serrata</i> Resin	85 mg
Vitamins, minerals and supplements:		
Glucosamine Hydrochloride	>>>>	500 mg
Chondroitin sulfate	>>>>	90 mg
Vitamin C (L-ascorbic acid) coated	>>>>	12 mg
Calcium (as Calcium carbonate)	>>>>	40 mg
L Glutamic acid	>>>>	8 mg
Vitamin E (dl-alpha Tocopherol acetate)	>>>>	3 mg
Vit D3 (Cholecalciferol) IP	>>>>	0.003 mg
Magnesium (as Magnesium hydroxide)	>>>>	25 mg

THERAPEUTIC RATIONALE

OSTOLIEF is a rational combination of herbs for effective pain relief in osteoarthritis.

Ostolief addresses both the pathological factors of osteoarthritis viz. synovial inflammation and cartilage destruction. OSTOLIEF NUTRA provides a synergy between nutritional supplemental and herbal medicine and has anti-inflammatory, chondroprotective action. It ensures faster, effective and sustained relief in osteoarthritis by significantly reducing pain, swelling, stiffness and tenderness.

Curcuma longa and *Boswellia serrata* are potent anti-inflammatory, analgesic and anti-arthritis agents. *Curcumin*, the active component of *Curcuma longa* inhibits a number of molecular targets involved in inflammation including, cyclooxygenase (COX-2) and lipoxygenase (LOX), inducible nitric oxide synthase (NOS) enzymes and nuclear factor kappa B. *Boswellic acid*, the active component of *Boswellia serrata* is analgesic, and anti-inflammatory by its effects on cyclooxygenase (COX) and lipoxygenase (LOX) pathways. *Glucosamine hydrochloride* stimulates metabolism of chondrocytes and helps maintain the integrity of the cartilage. *Chondroitin sulfate* and *Calcium* offer building blocks for the formation of the joint matrix structure. *Vitamin E* provides protection to joints against oxidative stress.

Thus, Ostolief maintains joint health in Osteoarthritis.

Important Ingredients	Action
Haladi	Anti-inflammatory
Sallaki guggul	Anti-inflammatory, mobility promoter
Glucosamine HCl	Tissue regenerator, promotes cartilage repair
Chondroitin sulfate	Reduces progression of joint damage
Vitamin C and E	Antioxidants
Calcium carbonate	Inhibits bone resorption and improves bone health

INDICATION

- ✓ Osteoarthritis
- ✓ Supplement therapy for bone and muscle strength

DOSAGE

1 tablet twice daily

PRESENTATION

Blister pack of 30 caplets

Available at retailers and online shopping on www.charak.com