

# CALSKEL NUTRA Tablets

*For Extra Calcium demand*

## COMPOSITION

### Each Tablet contains:

Name of Ingredient	Qty
Calcium as Calcium Carbonate	250 mg
Vitamin D3 (Cholecalciferol)	0.005 mg
Zinc as Zinc oxide	5 mg
Magnesium as Magnesium hydroxide	25 mg
Hadjod (Cissus quadrangularis)	250 mg
Marich (Piper nigrum)	30 mg

## Therapeutic Rationale

CALSKEL NUTRA is an ideal calcium supplement which supports and maintains bone health. *Vitamin D3* helps in the absorption of calcium and maintains bone mass. *Zinc* enhances bone density and helps prevent osteoporosis. *Magnesium* supports calcium absorption and bone metabolism.

Hadjod (Cissus Quadrangularis): Natural source of Calcium, Potassium & Magnesium

- Restore biochemical properties and structure of bone
- Increases mineralization
- Accelerates fracture healing

Marich (Piper Nigrum): Piperine in Piper nigrum

- Improve mineral absorption
- Potentiate effect of micronutrients
- Shows anti-inflammatory and analgesic effects

## Indication

*Calcium supplement for*

- Osteoporosis
- Low back pain
- Fracture

## Dosage

1 Tablet twice a day for minimum 3 months

**Presentation**

Strip containing 30 Tablets

Ingredients	Action
Calcium as Calcium carbonate	Supports bone health
Magnesium as Magnesium oxide	Maintains bone mass
Zinc as zinc oxide	Enhances bone density, prevents osteoporosis
Vitamin D3	Supports calcium absorption and bone metabolism