

# ALSAREX

A Single Comprehensive Remedy for Acid Peptic Disorders

## COMPOSITION

Latin Name	Conc.	Common Name	Action
<b>Each coated tablet contains:</b>			
<b>Powders:</b>			
Sutshekar Ras	75 mg		Reduces hyperacidity, Prevents esophagitis, Prevents gastritis & gastric ulcers
Shankha Bhasma	50 mg		Reduces stomach ulcer
Muktashukti Bhasma	45 mg		counters stomach acidity.
Suvarna Gairika	35 mg		Anti ulcerative
Yashad Bhasma	15 mg		Stimulates ulcer healing
Kapardika Bhasma	15 mg		soothes the stomach, heals the damages from contaminations, treats ulcers and boosts digestion.
Aparmagkshar	15 mg		satiety inducer
Jahar Mohra Pishti	15 mg		For indigestion
Cuminum cyminum Fr.	15 mg	Jeerak	Has a carminative effect by reducing flatulence & distention
Nardostachys jatamansi Rz.	15 mg	Jatamansi	Reduces stress
Extract of the following:			
Emblica officinalis Fr.	75 mg	Amalaki	Reduces hyperacidity, Stimulates ulcer healing
Glycyrrhiza glabra Rt.	75 mg	Yashtimadhu	Exhibits anti H. Pylori activity
Ficus glomerata Bk.	37.5 mg	Udumbar	astringent and a cooling herb
Andropogon muricatus Rt.	37.5 mg	Ushira	used for cooling action, to cool down brain and in <b>treatment of ulcers</b>
Symplocos racemosa Bk.	37.5 mg	Lodhra	haemostatic
Asparagus racemosus Rt	37.5 mg	Shatavari	Increases mucosal secretions, reduces gastric emptying time, demulcent or soothing effects
Triphala	37.5 mg	Triphala	digestive ,antacid

## THERAPEUTIC RATIONALE

ALSAREX is a natural antacid and anti-ulcerant. ALSAREX not only reduces the acid secretion but also strengthens the mucosal defence.

*Emblica officinalis* reduces the hypersecretion of acid and protects gastric mucosa. *Asparagus racemosus* increases mucosal defensive factors. *Glycyrrhiza glabra* in ALSAREX has anti-*H.pylori* activity, which further improves the results and also prevents recurrence of ulcers. *Andropogon muricatus* is antispasmodic and *Ficus glomerata* is gastroprotective. *Cuminum cyminum* possess prokinetic activity. Thus ALSAREX is a single comprehensive remedy for acid peptic disorders.

## INDICATIONS

- Gastric ulcer, duodenal ulcer & dyspepsia
- Co-prescription with NSAIDs to prevent mucosal erosion in stomach and duodenum

## DOSAGE

2 tablets twice/ thrice a day with a bland diet for 3 to 6 months

## PRESENTATION

Plastic container of 40 tablets

Important Ingredients	Action
Amalaki	Reduces the hypersecretion of acid
Yashtimadhu	Anti- <i>H.pylori</i>
Usheer	Antispasmodic
Udumbara	Gastroprotective
Shatavari	Increases mucosal defensive factors

